

## **Visual Ergonomics Lighting Workshop**

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### **1. Objectives**

#### **1.1 Purpose**

The purpose of this workshop is to:

- Provide participants with an introduction to lighting and visual ergonomics.
- Demonstrate how lighting concepts apply to workplaces and to visual comfort.
- Allow participants the opportunity to see examples of lighting and visual ergonomics tools first-hand.

#### **1.2 Content**

Topics covered will include an introduction to lamps and luminaires, measuring illumination and luminance, colour temperature, colour rendering index, glare and visual ergonomics tools. Participants will learn through a formal presentation of concepts, small group activities and a question and answer session.

### **2. Participation**

This workshop is suitable for those wishing to gain an understanding of lighting and visual ergonomics for workplaces e.g. workplace ergonomists, work health safety officers.

It will be limited to a maximum of 30 participants.